



November 2005

Q MAGAZINE



Plus:

Q Fashion File, Q Invest,
A Special Editorial Addition
called the Q Shame File,
Miss Daisy drives "Smart",
Queer Cuisine does Toorak,
Q Travel, Q Trends, Get Free,
Q Whispers; Joke; Says,
and lots more.

*What does a young man do when he is starting out on the music scene? Q asks Brecik about the road to stardom.
Q Magazine - Made Locally! Enjoyed Nationally!*

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November 2005

Issue 19

Well it is that time of the year again – the Rainbow Awards – I trust you are all busy voting for your favourite in each category (hopefully Brett Hayhoe - Q Magazine - in the Quiet Achiever Category is one of them). Find the link on the front page of our website.

Another big month at Heaven @ 151 – the winners for this month are under my picture to the right. Don't forget to be seen, photographed and maybe voted on at Heaven @ 151 soon.

I am always delighted to see venue owners/managers enjoying other venues. This is precisely what happened one Sunday in October at Beer Busters at DIVA Bar on Commercial Road. Now we all know that Mumma Laurie doesn't drink much, so it must have been the euphoria of the afternoons games with Swish that sent him into a head spin and landed him under the curtains on the stage (with VB firmly stuck in his hand of course).

Speaking of DIVA Bar – the upstairs "Loft" section has now been re-named to the Q! Bar (with relevant signage of course) – we are planning a special opening party with canapés and champers – if you would like to come along email me at party@qmagazine.com.au and we will be drawing 10 names out of the hat to be on the door list for the evening.

Finally, I hope you enjoy the additional editorial we have for you this month – the launch of the Q Fashion Files. This will be matched by Q Beauty starting in the December Issue. Big thanks goes to Craig Michaels - I hope you enjoy his advice.

Until next time, please enjoy your Q!



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Cover picture
Taken by Q Photos on St. Kilda Beach.

Photographic Contributions
Q Photos

Printing
Printgraphics

Distribution
distribution@qmagazine.com.au

ISSN 1449-499X

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driving: with MISS DAISY

“Art in Motion”

Swatch Mercedes Art – Smart! A vehicle which combines the style of Swatch with the engineering of Mercedes Benz has to be something special – and it is!

Available in a variety of models – and sizes – the Smart Car has safety features galore and design elements which you would expect in much more expensive (and larger) makes. Even the add-ons are reasonably priced (particularly when put up against comparable models from other manufacturers).

Cool and Sexy! That was the main feedback GayAZ received from their car survey as being the two major contributing factors Gay boys look for when selecting a vehicle [Ed: Of course! One has to have something to compliment the Versace]. In the Smart Car – the model we had was the forFour – you have coolness and sexiness in abundance. Great lines, a stylish dash, classy finish, sporty seatingand the list goes on.

The one feature that impressed me the most however was the gears. You can choose Auto or (clutchless) Manual. In Automatic the changing of gears is very “sports car” like – slightly jolting and something to get used to. In Manual mode though, the ride is as smooth as a twinks torso. A gentle push of the gear stick forward (and back) to change gears, break, and the car automatically goes back down the gears – recognising which one you should be in for the speed you are going. VERY SMART!!

With the majority of controls being at your fingertips, one simply has to sit back and enjoy the ride – equally pleasurable for passengers as it is for the driver. Match all of this with the cars obviously fuel economy (small cars are generally more fuel conscious), and you have a vehicle which is suited to our lifestyle – definitely worth a test drive.

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Q: SHAME FILE

The Shame File will regularly feature the dodgy & shameful acts that some people in our community perform against others – thanks to our community for dobbing them in!



Abdul - Peel Security

The Deed

Has not returned the 143,210 cigarettes he has borrowed from customers over the last 12 years. . . .

Q Recommends

Following his heart problems last year we think GOD has sorted this one out!



Tiffany and Morag

The Deed

Smooched around town in limos for most of the year and didn't tip the drivers. . .

Q Recommends

Q Magazine thinks the girls just need a little more experience in being chauffeured around! [Ed: and maybe find someone else who will pay the tips for you]



Gary Morrison

The Deed

Apparently, Gary has been a wee bit forgetful when it comes to paying some of his bills. Apart from running up a \$1300+ bill @ Ice Café; there are a few other

concerned queens out there sitting with unpaid bills, I.O.U.'s & bounced cheques.

Q Recommends

Given his obvious pride in his appearance and smooth skin, perhaps Garry needs a few weeks washing the dishes at Ice. Ripping up his cheque book wouldn't be a bad idea either!

ALL communications including the 'Shameless' Right of Reply, should be sent to - shamefile@qmagazine.com.au
When dobbing someone in, please include their contact details for our files and verification.
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Rod Stewart's Grammy winning, chart topping Great American Songbook series continues with "Thanks for the Memory...The Great American Songbook: Volume IV" in stores now from Sony BMG. Featuring star-studded vocal duets with Sir Elton John, Chaka Khan, and Diana Ross, Q Magazine has 5 copies to give away. Email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Rod" in the subject line to enter.



From our cover boy comes his debut single "I Can't Stand the Rain" – and one of five autographed copies could be yours, simply by emailing getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Breckk" in the subject line.



Make sure you pick up a copy of our December Issue where Q Magazine will be giving you the opportunity to win from a massive pool of prizes - just in time for the silly season.

Slipping into bed will never be quite the same now that Peri Homeworks made significant technological leaps in developing the world's softest, slinkiest – yet toughest wearing - bed linen. The new fabric has been used for a special mid-season product release – the Summer Plus range – with the super-stylish designs and practicality that Peri is renowned for. Q Magazine has for one lucky reader a set of "Shell Beach" linen - all you have to do is email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Peri" in the subject line to enter.



Olivia Newton-John's double DVD collection 'Video Gold' (in stores now through Festival Mushroom Records), brings together all of the video highlights and biggest hits of her career, including conceptual videos from the Physical, Twist Of Fate and Soul Kiss video collections, plus live videos and rarities. Q Magazine readers have the chance to win one of 3 copies by emailing getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Olivia" in the subject line.



With the compliments of Cheekyboy.com, Q Magazine has something for the boys – 4 copies of "Pace" (from the sexgaymes series). Email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Pace" in the subject line for your chance to enjoy this release in the comfort of your bedroom, kitchen, bathroom, anywhere you like in fact.

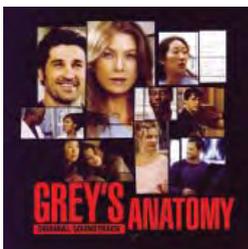
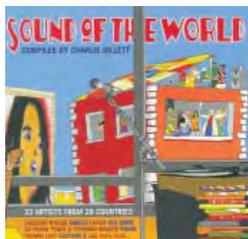


Q Magazine with the compliments of FQ (Force Queer) has 5 copies of Brother to Brother to give a way. To enter, simply send an email to getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Brother" in the subject line.

get free: **BROTHER TO BROTHER, ROD STEWART, PERI, BRECKK, OLIVIA, and CHEEKYBOY.**

* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Appt. 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

q music: SOME NEWIES FOR YOU!



Sound of the World

Sound of the World is named after Charlie Gillett's weekly BBC radio show and features tracks from the most requested artists over the year – most rare or unknown – and released through Filter/Wrasse Records. 2 CDs, 28 Countries, 33 Musicians – a brilliant addition for Music of the World fans or for anyone who wants something different. Discover it today from a good music store near you.

Infernal

Through Central Station Records, and available now in good record stores, comes Infernal's "From Paris to Berlin" album. The title track is already a huge success in the club scene, and many of the other tracks on this album are destined to follow the same road to popularity - showing the true talent this group has.

Sinead

A favourite of mine over many years, Sinead O'Connor delights again with her "Throw Down Your Arms" album. Boasting inspirational roots songs from the 1970's by the likes of Bob Marley, Peter Tosh, Burning Spear, Lee Perry, and others, the album features a host of internationally recognised musicians who played on the original versions. Don't miss

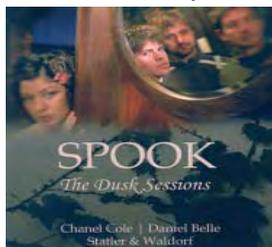
getting your hands on this one – out now through Shock Records.

Grey's Anatomy

Just released from Festival Mushroom Records is the soundtrack from the Seven Network smash hit television series "Grey's Anatomy". 15 fabulous tracks including a live version of Ben Lee's "Catch my Disease" feature on this album - it's a must buy - get yours today.

Spook

I don't often review independent releases, but this one was too good to pass on. Australian Idol contestants Chanel Cole and Daniel Belle have joined forces with Brisbanians; Statler and Waldorf, to form the band "Spook" and consequently produce a truly unique album -The Dusk Sessions. Haunting melodies, laid back orchestrations (with a really "funky" feel) make this "Ghost Music" release a true pleasure to listen to – pick it up and have a listen - it is honestly worth it.



cheekyboy.com

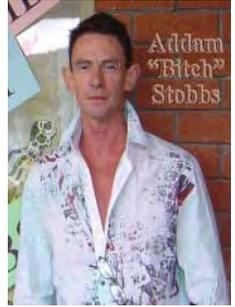
q whispers: with ADDAM STOBBS

“What is a drag Queen and who cares?”

The first part of that question has perplexed me for years. I think it is a man dressed as a woman, but to our society it is a lot more than that. I have seen more drag shows than any other type of show in my life and generally not by choice. I know I could leave, but there are not many gay places you can go that are not infested with drag. Is it art? Is it entertaining? Is there talent? 99% of the time the answers are no, no and NO. Without going into the whole mish-mash of who and what, the main reason is why?

Gay men are attracted to other men, so why do they queue up for ages, pay good money to see what are generally a load of “talentless dogs” (Quote” Priscilla Queen of the desert”), pounce around on stage in women’s clothes miming to someone else’s music. Yes, some have a bit of dancing (the ones who aren’t off their faces). Are drag queens secretly wanting to be women to lure straight men? (God as if!). I roll my eyes when I hear phrases like “drag culture” and the word “diva” thrown in to make us think that it might be remotely interesting. I find most drag to be crass and generally vulgar, and I think it is in real terms, misogyny. Mind you I am not getting PC, I don’t really care that much, because the only people that take drag seriously are the drag queens themselves, the people who use them to lure patrons, and the dullards who think that some foul-mouthed troll abusing members of the audience, and generally being atrocious, is funny.

So, whilst the wider communities have noticed that gay people can show the world how to get along (Arabs and Jews at the same gay bar without any animosity), maybe they haven’t seen the ‘entertainment’ that gets thrown at us whether we want it or not. We really do have our act together on a lot of issues, as a community, but we have our heads up our collective bums on others.



q says: with LAURA GRAVITY



some more) drinks. [Ed: yes I saw you hehehe]

Tonight it’s back to Diva Bar to perform with my gorgeous Relube dancers and tomorrow, The Classics, Paris, Vivien, Rita and myself mount the Greyhound stage.

It is Friday, the weekend has started earlier than usual and I am already sporting quite a hangover.

Last night I was ‘lucky’ enough to judge some of our upcoming talents in one of the Idol competitions on Commercial Road. I then popped into Diva for a relaxing (and then

So, go and see a drag show, I know you are hungry for entertainment and we are here to feed you.

Remember with LG -
Life’s Good!!!



q joke of the month

Four men went golfing together one day; three headed to the first tee and one went into the club house to take care of the bill. The three men started talking, bragging about their sons. The first man told the others, “My son is a home builder and he’s so successful that he gave a friend a new home - for free.”

The second man said, “My son was a car salesman and now he owns a multi-line dealership. He’s so successful that he gave a friend two Cadillacs.”

The third man, not wanting to be outdone bragged, “My son is a stock broker and he’s doing so well that he gave his friend an entire stock portfolio.”

The fourth man joined them on the tee after a few minutes of taking care of business. The first man mentioned, “We were just talking about our sons. How is yours doing?” The fourth man replied, “Well, my son is gay. I’m not totally thrilled about it, but he must be good. His last three boyfriends gave him a house, two cars, and a stock portfolio.”

queer: CUISINE

“Toorak Dining”

I have to say from the very start that I LOVE an open kitchen. I also LOVE the smell of Italian cooking filling the air as I enter a restaurant. At Fiorini's you get both.



As my friend (the beginning of our new Cuisine promotion – see the bottom of this article) and I entered, we were instantly greeted by the waiter – a very friendly and welcoming touch – and shown to our table. The specials of the day were explained to us, our drink orders were taken, then we were left alone to peruse the menu – and what a menu it was!



I guess it has to be said that one does expect to pay premium prices when dining on the Paris End of Toorak Road. It also needs to be pointed out though, that it seems to be a misconception. The majority of choices on the menu were very reasonably priced - only some dishes going over the mid-twenty bracket – those which you would expect to though. Extensive doesn't quite truly capture the variety of both cuisine and wine available at Fiorini's - even the fussiest of diners would be able to find something they liked on this one - including home made pizzas and fresh seafood.

The ambience at Fiorini's is very Italian (or I should say Venetian). The wooden tables, the décor, the simple but elegant table settings, the aromas – one could be excused for thinking they were somewhere else. The staff (two of whom are the owners) add an air of homeliness (without losing their professionalism) rarely found in restaurants anywhere these days – and adhere perfectly to my like of attentiveness without being intrusive.

We both chose from the specials menu – opting for pasta for mains. My friend chose the Minestrone for entree and I the Oysters. To our surprise (and delight) the servings were fit for a King (or a couple of Queens like us). Both pasta dishes were cooked to perfection.

We were then coaxed into having the Tiramisu for dessert - I must add it was one of the most enjoyable and pleasantly light versions I have ever had.

The whole dining experience was a true pleasure and one which I will most certainly be having again and again. I can not recommend Fiorini's highly enough. Make a booking soon and you will know exactly what I mean. Molto deliciouso.



Q Magazine is giving one loyal reader each month the opportunity to wine, dine, and enjoy some Queer Cuisine. If you would like to be that person, email cuisine@qmagazine.com.au All participants must be over 18 years of age

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Lisa Parker

Q: INVEST

Many investors only ever buy one investment property and sit there wondering how other investors can comfortably own 6 or 7 properties. One of the biggest challenges investors face today is cash flow.

So how can you buy more property and improve your bottom line? In this month's issue of Q invest we will look at 6 effective strategies that will increase your rental yield and remove the financial noose from around your neck

1) Get your rent reviewed every six months - you should be able to increase the rent by \$10 - \$20 pw every 12 months or so. If you find you're already receiving higher than the average rent, sit back smile and don't say anything!

2) Re-finance at a lower interest rate. With competition hotting up in the lending sector, investors are benefiting from discounted fees and interest rates. The range of special offers is a reflection of unusually strong competition between lenders for market share and by checking out the competition you could save a packet, but make sure you spread your risk and don't let the one bank finance all of your assets (but more about that another time).

3) Pay interest only. You may still make additional payments - the only difference is that you have the choice, not the obligation to pay the higher amount. Paying interest only will also increase your serviceability freeing up extra cash to put toward other investment properties or to help pay off your own home sooner.

4) Only buy new, refurbished or young properties. This is especially rewarding for those at higher income tax brackets. The newer the property the higher the depreciation available, making your out of pockets lower (providing you have completed a tax variation form, ask your accountant) New property requires less maintenance, once again saving you more money.

5) Furnishing your property can increase your yields by as much as 2%, and increase your tax deductions. This strategy will only work for well located apartments in certain areas. To find out if your property is suitable enlist a property manager who specialises in corporate leasing (for a list of suitable agents contact our office on 9822 3349). The management fees can be a lot higher, so make sure you negotiate a discount on their fees.....(and don't tell them I told you that).

6) Buy and install white goods to lease with the premises. Not only will it provide further depreciation allowances and increase the rent return, it will also cut down on damage that can be created by tenants moving white goods in and out of the house.

These are just a few simple ways for you to improve your bottom line. See you again in next month's edition of Q Magazine for more investment hints and tips

Do you have an investment question? Email me at invest@qmagazine.com.au (or see ad page 13) Get your question published, and receive an investment pack worth \$2900

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Daily / Weekly Habits

How many things have you done in the past week that has furthered your progress in achieving your desired outcome? But let's not put the horse before the carriage (you can tell I grew up on a farm). First things first - what do you want, how do you want to live, where do you want to live, who do you want to experience life with and how? Consider your future path and begin with the end in mind.

Once you've done that you can turn your attention to the daily / weekly habits that you need to do to get what you want.

Really its basic math, for example:

Healthy body =

gym / exercise / healthy eating & lots & lots of sex, no donuts; that = muffin / luv handles

New boyfriend =

dumping old, going out, having fun, meeting people, socialising or the internet

Climbing the career ladder =

sleeping with the boss (hmm, I better edit that one out), further study, working harder, meetings with management to discuss future

Fantastic relationship =

dumping shag on side, making time for each other, talking, future planning

You can have what you want in life, you just have to be living consciously and be willing to do the required actions to make it happen.

The motto I live by is, "Do whatever it takes to make it happen" - as long as it doesn't mean prostitution, dressing up as a woman or eating brussels sprouts. That would be wrong.

Till next time live well.

in bed with: BEN

"Get What You Want!"

What if you could have whatever you wanted? I know you want it...

This month I turn away from the dating scene for a breather and turn my attention to life in general. We take a candid look at how you create the lifestyle, relationships, business & career that you deserve and want. To do so, you must be first of all able to answer yes to this question:

Are you conscious?

Well most of you are sitting reading this, thinking, ah derrrr, what's this guy on? Of course I'm conscious. But I mean are you really conscious of what's going on in your life? Do you know how you got to be in the position you are today and do you know the changes you must implement to be in your desired position tomorrow? How often do we get a wake up call to what's going on in our lives to say "Hey, wait a minute, this isn't where I want to be, I was meant to be a porn star?"

Self-Exploration Oops, I mean Self Observation

Be your own wake up call and start self observation, (not self exploration, I'm sure you're great at that! That's another article entirely.) No, I mean self observation. Observing that what you do on a daily, weekly, monthly, yearly basis is getting you to where you want to go in life.

If you have a question you'd like answered,
you can email Ben via info@qmagazine.com.au — placing Ben in the subject line.



You can have anything you want with a

BIG _____ !

(Fill in the blanks, answers at the bottom)

How would you like to walk around knowing that you have a strong and enviable _____ (1). We can show you how many different ways you could grow your _____ (2) in fact when you finish with us you may find you are able to do it a lot more than you thought, because we will show you how to do it better and faster! Why _____ (3) harder than you have to when we could help you achieve massive _____ (4) without all the hard work? Imagine all the things you could do with a really big _____ (5) If you have _____ (6) stored in your own home or _____ (7) hidden away for a rainy day we could show you how to eliminate bad _____ (8) and double your chances of _____ (9) younger. What would a huge _____ (10) do for you? If your _____ (11) is aroused meet with us today

1) Property Portfolio 2) portfolio 3) work 4) Rewards 5) Bank Balance 6) equity 7) cash 8) debt 9) retiring 10) bank balance 11) interest

Lisa Parker Investment Specialist to the Gay & Lesbian community, is helping people all over Australia, reduce tax, eliminate debt and make more money through strategic Property Investing.

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Your fingers must have been almost raw this month - the number of votes we received for Q! Cuties was unbelievable. Congratulations for October goes to the DIVA Bar entrant. Please contact me on 0422 632690 or email manager@qmagazine.com.au with your address so I can send you out your \$50 gift voucher from The Shaft Store.

Remember - each month we'll have a selection of pics from around the scene called Q Cuties. As you can see, we have titled them with a number and the venue in which they were taken.

q cuties: BEAUTIFUL BOYS GALORE!

The idea is YOU choose the picture you think has the cutest guy or guys in it and sms 0429 88 QMAG with the corresponding number. The pic with the most votes will win a fabulous prize with the compliments of one of our advertisers and Q Magazine. So get your fingers working and vote today!!

Conditions: All Qmagazine competitions are open to everyone, except those that specifically state you must be over 18 to enter. Competitions close on the final day of each calendar month with all prizes being drawn at 5pm the following day at Apartment 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of Qmagazine. All monthly Q Cuties winners will appear in the following edition of the publication.



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Q MAGAZINE



Heaven @ 151 & Heavenly Solutions presents:

"Angel of the Month" Calendar Competition

Just call into Heaven @ 151, nominate your charity & let their Angels snap your pic. All customers will then vote to choose a monthly Calendar Angel. He will then be immortalised in a Calendar to raise funds for the most favourite cause. Fabulous prizes to be won every month.

raise money for your favourite charity

so if you think you're cute enough to be a calendar guy, get into Heaven @ 151 soon!

q travel: THE GREAT BARRIER REEF

Diving is one of my greatest pleasures in life, so when the opportunity arose to go on a diving trip on a live-aboard, I jumped at the chance. The boat I joined is based in Cairns, but runs trips out of Cooktown as part of its usual itinerary. The operators arrange a 40 minute low-level scenic flight over the coast between Cairns and Cooktown, as part of the trip. It was a fabulous way to start with fantastic views over country I had only seen from the road.

The boat is a comfortable catamaran, stable even in rougher seas, but the winds were light, and the steaming out to our first dive site was smooth and pleasant. After a restful night rocking to the gentle waves, it was time for the first dive – an early morning dive to greet the fish life as it awakens from its nights slumber. We were diving at the world famous Cod Hole, home to huge potato cod. What a fantastic way to start the day. The first dive was a great way to familiarise myself with the equipment, check out my buoyancy and practice some basic skills. The second dive included a “cod feed”. We knelt on the sandy bottom of the ocean whilst the diving instructor fed cod, some as large as myself, pilchards from an enclosed bucket. The cod were inches from my face as they fed. Awesome!!!

The diving only got better, as this boat goes to some of the very best dive spots on the Great Barrier Reef, including Pixie’s Pinnacle and Steve’s Bommie, both of which are must-sees for any keen diver, and boast two really unusual scorpion fish. At the “Snake Pit” as well as seeing olive sea snakes, we also came across a leopard shark having a nap on the ocean bottom. At almost every site we came across white-tipped reef sharks and the occasional black-tipped reef shark.

The Clam Gardens has a multitude of electric blue, green and purple giant clams - many of which are over a metre across. It is also one place where the real “Nemo” can be found, the True or Bi-Colour Clown Fish. There are several species of anemone or clown fish in Australia, but the True Clown Fish is one of the less common ones. The high-light of the trip was seeing a 4 metre Manta Ray. It continued feeding on plankton oblivious of my presence only a few metres away. They are truly magical creatures, majestic and graceful, and such a joy to watch.

After 3 days at sea and 12 dives, I was happy but tired. The steam back into Cooktown seemed to take no time at all as I relaxed in my cabin. I then had another marvellous scenic flight back to Cairns. What a way to spend a long weekend.

Pictures and article by Shek Graham.

In the December Issue, Shek shares with us some of the native creatures occupying the backyard - and we don't mean the homeless cousins from Mauritius.



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q feature: BRECIK



Brecik, thank you for your time. How long have you been singing/entertaining, and in what capacity?

I was always a dancer first - for around the last 7 years. I have been singing for around the last four years. I started in competitions and then ended up with a singing job at a Serbian/Greek club in Adelaide called Black Cat White Cat, which was awesome. That is where I first grew a love and appreciation for European music. I absolutely love it, it gives me a feeling like no other music can.

I then was part of a group of singers/dancers that were specially formed for events called Groundwave, which was kinda fun. It lasted for around three years. We mainly performed at The Royal Adelaide Show. I was then asked to join the very famous Adelaide party band Chunky Custard. I had the best time of my life with those guys and formed great contacts within the music industry in Adelaide which then led me to record my own music with award winning producer Rob Pippan. I then ended up performing my own music at The Ed Castle in Adelaide for quite a while using famous Adelaide drag queens such as Selina Starburst and Summer Clearance as back up dancers and singers. This opened up a whole new avenue for my music which has been very positive for me! I have since moved to Melbourne and met Brendon who has taken me under his wing and introduced me to fantastic people like Mr Timothy . It was awesome to do my own show and to be a part of the whole GayAZ extravaganza! I received the most awesome feedback and really enjoyed myself!

Why have you made Melbourne your home?

An opportunity came up with my work, YD menswear, to take one of the two area management roles here in Melbourne and I thought it would be a great idea for me to do it. I've always wanted to move interstate and this was the perfect opportunity.

I wasn't keen on Melbourne's weather, as I love the dry heat that you get in Adelaide, but it hasn't been too bad so far! At first I was a little worried that my music would just finish for me coming to Melbourne, but surprisingly it has turned into something even better than it was and ever could have been in Adelaide.

Who would you consider your "target market"?

That's a tough one and you always hear to aim for the GGG (Gays, Girls and Grannies) but I love performing to everyone and thus I guess anyone who loves music, fun and dancing will enjoy my music. I think also working with great people like Mr Timothy will see my new songs go very well in the dance club scene

What is it like for a young man entering the music industry? Will we be seeing another single soon?

It's very difficult! However, I have been very fortunate to run into Brendon on my first night of living in Melbourne as my mate from Queensland and I went out checking out some of the clubs. It has all been really quite fast from then on. I am the sort of person who loves to be told where and when I'm doing stuff and just get in there and do it, so having Brendon is like a God send!

You most definitely will be seeing lots of me in the near future!!! I will have a single out around mid November / early December which I am currently working on with Mr Timothy. I would like to release two singles and an album that co-insides with the release of the third single . I have big plans and will work my arse off to see that they come to fruition! I to date have written around 200 songs so I've got quite a bit of material that I can work with.

5 years from now, where do you see yourself?

5 years? I would like to have released two albums and be working on my third! I would like to already have been released in the UK and Asia and be doing an extensive tour. Still making the hottest music around! I would really like to work on a duet with very popular Greek singer Elena Paparizou (she's my idol!!) I guess I still want to be making music and having the time of my life along the way!

q: TRENDS

Summer is here – thank goodness – so a great time to think about entertaining outdoors.

Whether you have a balcony a courtyard or large garden there are terrific ways to create your own tropical heaven getaway all summer long without leaving your home!

Start with candles – lots of candles in all shapes and sizes placed in glass storm lanterns or iron Moroccan lamps and shades hung from a tree or placed on the ground. For more of a party atmosphere paper lanterns are a cost effective way to brighten any outdoor area instantly. Thrown in a few larger lanterns for extra oomph....

Teak furniture needs very little maintenance and can stay outside in all weather, it can be either oiled or left to fade gracefully and be equally useful. Throw a new

fashion colour table runner over the table or add some rattan placemats. Colorful cushions will also add colour as well as soften the whole look and make your guests feel even more relaxed – you wont be able to get them to leave!

For more clever ideas why not add a Chinese antique elm wall screen onto a fence or wall to create a dramatic effect with a difference as shown in the picture below. Hunting for the one-off day bed, hammock, stone Buddha or statue or a large urn with some textured detail will add to the atmosphere of the outdoors without a lot of fuss and upkeep.



by Yvette Madlener
villaandhut.com.au

q: QUIRKY

Creative Garden Images has been operating out of Melbourne for the past 12 years, supplying quality products at reasonable prices to garden centres, nurseries and florists in six states of Australia, with some overseas export experience.

The product range has a majority of exclusive items with a concentration on detail and finish.

They manufacture a range of integrated fountains (pond not required) for garden, courtyard or even inside the home and they can deliver and set up your fountain. New products are being added to the range continually.

Their website includes a list of retail stores spread throughout the Melbourne metro area. For products in other states please contact them by email at classicstatue@bigpond.com.au or visit the website at classicstatue.com.au

Pictured are some examples of their garden gnomes - including their exclusive "Gay Garden Gnomes"

These were a great hit at GayAZ Expo, and a perfect gift idea for your house or garden. Their names are Harold and Maude.

Available in both the Male and Female versions, regulars to Pink on a Saturday night would know they are given as regular prizes - particularly at Miss Melbourne Drag time.

Visit Q! Bar @ DIVA to see a copy of the duo.



Just a personal thought....

To Shalam Di Silva. Your writing was way too grown up for me to understand dear. Please try and email me next time!



dear: DR TIFFANY

“Our monthly dose of medical mayhem”

Dear Dr Tiffany

I live in Perth, and twelve months ago I joined the equivalent of the Rovers in the Scouting movement – BUT, in the Girl Guides! Our troop consists of 25 girls at approx 17 years of age. This is basically broken down into packs. My pack is Acorn pack, and there are 4 of us. Once a month we go to Michelle's place to have cocktail punch and Anzac cookies. The other month we went over as usual, however, someone had put vodka into the punch and majurawana into the cookies. Leanne, Loretta & Lorraine, AND myself including HA (head Acorn), were ALL off our pretty young tits. We were touching things that start with the letter N, we were touching things that start with V, and we were touching anything and everything for hours. When things started to get back to normal, everyone was quite embarrassed. Do you think we should be ashamed?

Linda.

Dear Linda

You have experienced something quite new and different. The way your letter reads, everyone seemed to be having quite a good time, therefore, take the hat around and buy an assortment of sex toys e.g. Vibrators etc (no less than 6 batteries); Dildos (no less than 10 inches)! Outdoor activities can be so, so much fun!

Dear Dr Tiff

I know it's not your speciality, but I am beginning to worry myself sick over the hurricanes that have been in the USA recently. I live in St Kilda. What if one happened here? I only live on the first floor, and I don't get on with my upstairs neighbours. What if the water fills up my whole flat? I also have a pet budgie and a really old cat to think of.

Ben, St Kilda

Dear Ben (By the way it's Tiffany NOT Tiff!)

When I received your email, it was meant to be. Only last week I was talking to an expert on hurricanes and Tsunamis. But first I must clarify a point. I do not listen to crackpots or would-be's, or soothsayers or anything to do with meteorology. But the person I was talking to (who is a professional clairvoyant on weather habits) said St Kilda has never really had a hurricane or Tsunami. However, in a vision the other night she awoke screaming profusely at what she had experienced. It was horrifying to say the least! The wind was cool, but not cold. The sun was warm but not hot. By late evening a strong breeze had formed and the clouds were restless. Within an hour the water was covering Beaconsfield Parade. The water kept rising all along the peninsula. All the land surrounding the bay was flooding. It was not a tsunami or hurricane. In the middle of Port Phillip Bay a huge volcano appeared. Therefore, I think it is safe to say, do not worry about hurricanes. But a second volcano will appear (give or take a day or two) on the 20th November 2005 AD.

God Bless.

If you would like advice from, or tell something to, Dr Tiffany, email deardrtiffany@qmagazine.com.au Remember it can be anything - something about work, your personal life or just something you wanted to know more about.



Luke
Huggard

There is something about this time of year that is simply irresistible to gay people the land over - as the festivities of spring provide an encore to the approaching summer.

The season of holidays, dance parties and love is just around the corner and it seems we all just can't wait until the sun and fun begins. Fashion conscious queers discarding last season's knits, sweater vests, and jackets, for Tees and three quarter length pants. However, as the weather gets warmer and the clothes come off, many of us are confronted with that formidable and possibly rhetorical question....Are we ready for summer?

generation: q

"Giddy Up"

My 2005 New Years resolution that my six pack and abs would be more than ready for this summer hasn't seemed to materialise, and my equally naïve prediction that my single status would somehow be altered has also failed to secure myself a partner for the hot months. With a horrifyingly large AMEX bill still stuck to my fridge door, my chances of an exotic getaway to somewhere like Phuket, or on a smaller scale, the gay resort of Skinny Dips in Cairns, doesn't seem too likely at the present moment.

Somehow, my vision of this Spring/Summer revolving around me, a beach and a cocktail, may not live up to its expectations. Nevertheless, it is the season to be jolly boys and girls, for who can't help but look forward to the next few months with hope and heart. Giddy up for spring, Shape up for Summer! The boys in suits versus the boys in board shorts! (no loser there if you ask me!).

With University exams out of the way, countless young gay individuals are eager to exhale, about to fill the clubs to capacity and line Commercial Road and Smith Street with eye candy. Having just joined a Pilates class in the hope of an extremely fast attainment of several kilos of body muscle and the formation of a six pack, hopefully I'm on my way to being ready too! And besides, for those who lack the perfect body and/or any type of serious relationship at the current time (which is probably most gay guys and a significant proportion of gay girls), there is that aspect of our lives that is sure to see us through the next few months with fun, laughter and a whole lot of mischief - our friends! If yours are anywhere near as crazy, unstable and dependent on liquor as mine, then you are going to have a ball!



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an alternative look at ~~a lads~~, girls night out with morag

camp: CAPERS

Last month I decided to look at the scene from a slightly different angle. It's no good just constantly gazing at boys through a haze of vodka, beer, & what seemed like talcum powder (and for \$350 a bag it should have at least made me smell nice if nothing else – and I DO mean NOTHING else!). Anyhoo, after several beers and a couple of vodka chasers, I realised the bar seemed different. As a serious journalist my job is to report what I see, and how I see it. But this time something was missing. The once familiar barman seemed distant somehow. The fat drag queen in the corner didn't scream and bitch at the patrons; indeed, there was a smile that actually had an air of sincerity about it. The toilets had a different stench to the cheap perfumed filled rooms that I had gotten to know and love. The prices at the bar were in a constant state of affordability.

“.....Tiffany to be the new poster woman for his up coming advertising campaign”

Slowly, very slowly, I began to lift the vale of mystery. A voice beckoned from afar. The high pitched screaming got louder and louder. “Morag! Morag!” My eyes adjusted. All my other senses were awakening to the reality that surrounded my very being. I looked up. The voice now seemed more familiar, although a feeling of sheer terror came over me and accompanied the morbid shriek that was now bellowing from the entity that began to wave and gesture for me to join them. I was getting hot. Damn hot. The sweat was pouring down my young fresh face and dripping into my tight, pert breasts. I began to feel giddy. The room started to spin. Suddenly, a tug upon my designer D&G \$950 blouse brought me to my senses.



"Well?" said the voice. "What do you think?" As my eyes tentatively began to look up, I was confronted with an image of indescribable horror.

"Tiffany? Is that you?" I said. My memory banks began to open like the legs of a Commercial Road drag queen. It was all coming back to me. The sensation of flying. The feeling of being high. Those were real feelings, but I hadn't been in the VIP room of Rawhide, I had been on a plane!

Following recommendations from our dear friend Tabitha T., my sister Tiffany & I had decided to go to Thailand to help her get some cheap plastic surgery to fix those hideous growths that seemed to permeate all over her aged, wrinkled face & body. Despite my pleas for her to use her usual doctor in Guatemala, she insisted that she couldn't ignore the "\$10 Fix All!" offer from Dr Burjahalmonaheed. The doctor had asked Tiffany to be the new poster woman for his up coming advertising campaign. It seemed too good to be true. And it was.

Upon returning to Melbourne, she began to show off what she thought was her glorious new look. The 2nd birthday at Pink was in full swing. Another birthday on Commercial Road had the venue pumping. The 25th birthday at the Laird had a queue all the way up to the Peel. ALL of these happy, happy places will never be the same again. You simply do not forget a 'face' (if I can call it that) that appears in the midst of a crowd as its beady little eyes peer through the layers of dead skin and mucus and stare right at you. I tried to explain to dear Tiffany that these people were running away and vomiting because they simply didn't understand. The remarkable artwork of David Sautell that is exhibiting at the Laird, at least brought some beauty into the room. The people though, they didn't know the person underneath the horror the way I did.

Trying to hold onto the glass with her good "claw" (more on that story another time...) Tiffany slowly sipped her 217th campari through the special drinking straw that the doctor had given her free of charge as a way of saying sorry for cancelling the ad campaign. Finally, she snapped.

"I am NOT an animal! I am NOT an animal!" A mixture of tears and gooey plastic started to run down its' face. If there was still a woman underneath the beast, it was a broken woman. There was only one thing left for her to do on this earth. Without hesitation she quickly accepted a job offer from a stage on Commercial Road.

In order to preserve the dignity of the event, the organisers of the upcoming Rainbow Awards have kindly offered to facilitate Tiffany in a special 'Royal Box' all to herself. As for myself, I will be at too busy collecting awards to actually sit down.

See you at the Rainbows dears!

Love as alwaysMorag xo



Laird Art Exhibition



Laird Art Exhibition



Laird Art Exhibition



Q: FASHION FILE

“starting out”

In Q Fashion File, I will be showing you, over the next few months, how you can learn the secrets in fashion that stylists have been keeping for their private clients all this time. I will expose the myth behind these secrets and show you how you too can create the WOW factor.

In this issue we will start at the beginning. So imagine you have just left school or started a new career and you now need to create a new look and wardrobe. The way you do this is by answering a few simple questions and working out what you will need from these answers.

1. What Industry do you want to work in?
2. What do you like to wear when you are at home?
3. What do you like to wear when you go out?
4. What are you most comfortable in?

For the sake of this exercise we will say that you are going to be working in corporate industry. You like to wear comfortable clothes at home. You are a casual dresser when you go out and you are most comfortable in T-Shirts.

Ok armed with this information you need to begin to create your wardrobe.

The first step is to establish a budget as we all earn different amounts,

some of us like to spend money on clothes and others find it boring and do not like to spend much at all. Now we all want to look great when we are at work or play, so with that in mind we need to get started. Plan what you are going to need for work, as this is going to create the income for what you can spend.

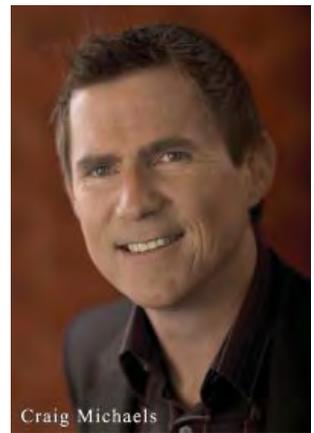
For the girls, when it is possible, buy a suit with a jacket, pant and skirt. The suit is all about the look and the fit. Everyone's body shape is different so remember that the first suit you try on may not be the best fit for you.

Once you have found a brand that works for you stay with it. This will save you time and frustration.

Guys, you should be looking at buying a suit with two pairs of trousers. The reason for this is that it is the salt in perspiration that destroys your trousers. You need to have three days between wearing the same trouser. This will make your suit last longer, as it allows them to dry out. When you are looking at buying your first suit, you should invest in a 3 button jacket as this will take you into corporate but can also create a great look for a function.

The 2 button suit is aimed at the corporate market. The 2 button Jacket has been re-designed recently; this now sits higher on the chest and does not focus on your stomach.

Once you have invested in your suit, look at what shirts and ties that you can wear with this. The key is when you are starting work you do not



need to buy the best shirts and ties.

Buy what is affordable so that you can budget your finances.

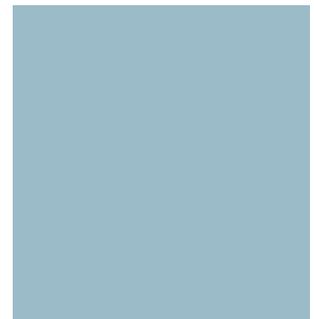
Invest each month in a new shirt and tie combination that will build on your current wardrobe. This will create a different look for you around the office as most guys stay with the same combinations each week.

At work this month, look around the office and check out who is wearing the same thing, time and time again.

Next month I will show you how to create a different look.

My Studio is in Brunswick so if you need a new look just call me on (03) 9383 5990.

See you next month.



q cosmetic: WITH DR. PAUL SPANO

“Testosterone Supplementation and THE ANDROPAUSE”

It is now well established that men can experience similar symptoms to women going through menopause, and the term ‘Andropause’ is used to describe this process. Women often go through a rather dramatic and rapid “change of life – Menopause” but for men, the decline in testosterone production is slow and often goes unnoticed. Andropause begins in the early 30’s and most commonly presents with symptoms in the 40’s and beyond. Because the change is so slow, symptoms are often attributed to “just getting old”, or “normal ageing” or, “he’s over 40 and has hit the wall.”

Symptoms may include:

- Loss of Energy and Poor Recovery from Exercise
- Weight Gain, especially abdominal, “middle-age spread”
- Reduced interest in Sex, Romance and Courting Behaviour
- Reduced ability to Obtain and Maintain an Erection
- Loss of Drive and Motivation, Reduced “Passion” for life
- Concentration and Memory changes
- Muscular Fatigue
- Anxiety, Irritability and Depression
- Joint and Muscle Aches
- Dry Skin, Sweating

Testosterone decline can also be influenced by many other factors such as chronic illness, medication, inherited conditions, trauma, lifestyle factors and major stress of any sort. Each man is unique in terms of his hormonal constitution and requirement and so treatments are individualised.

All ageing men will present with a degree of testosterone deficiency and many symptoms can be improved with Testosterone cream applied once a day. Maintaining a youthful level of testosterone has many benefits to a man’s physical, mental and sexual health, which include enhancement of physical and sexual energy and vitality, motivation, drive and assertion.

There are also significant benefits in terms of prevention of Heart and Blood Vessel Disease (partly by improving the cholesterol profile), Stroke, Type 2 Diabetes, Obesity, Osteoporosis, Depression and Dementia. Men with established cardiovascular disease or diabetes often experience improvement in their condition and will be able to reduce their requirement for medication. Male hormones are also known to significantly enhance the Immune System and assist improvement of autoimmune conditions. Men of any age including the older man can benefit from testosterone

replacement therapy.

A man’s testosterone level can be assessed with a saliva sample and a baseline blood PSA (Prostate Antigen) is taken (unless the man has had one in past 3 months). Men who have prostate cancer are excluded from treatment.

Testosterone is one of many hormones that decline with ageing. Careful assessment and management of these is a major aspect of Anti-Ageing or Wellness Medicine and has been the subject of intense research over the past ten years.

Intelligent eating choices, regular weight-bearing and “cardio” exercise and more youthful hormone levels are the keys to living healthier, more passionate, more sexual and longer lives.



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q movies: BROTHER TO BROTHER



We all know what it is like to be part of a minority group. Imagine, if you can, what it would be like to be a member of a couple of minority groups at the same time.

Brother to Brother is about a young openly – Gay, Afro - American student, battling with the constant struggle to be accepted by his peers, an education system which does not recognise his sexuality in the same way as it does the straight community, his search for a life partner, and the rejection by his parents. Not an easy task to say the least. That is until he discovers a much older black “queen” who has walked the walk and talked the talk.

Through the stories told to him, he discovers that he is not alone and that many others have been through the very same thing as him – and came out the other side reasonably unscathed. The story switches seamlessly from one story to the next as we see the early triumphs (and failures) of a group of writers attempting to educate their brothers and sisters – in turn highlighting the necessity for constant positive reinforcement on the road to acceptance, tolerance, and recognition – from generation to generation. Often funny, often political, often dark, often sad, often hopeful – the film is a true masterpiece – including its depiction of the main characters relationship with a white “straight” boy.

Only in recent times have I noticed several Gay films tackling OUR issues through the lives of other cultural groups. In each case, I have found it to be uplifting and enlightening – reminding me of the often forgotten diversity within OUR community. All too often we (the Anglo-Saxon so-called majority) fail to truly understand (or recognise in the first place) that not all poofs and dykes are the same colour, religion or nationality.

Released through Force Entertainment's FQ label, Brother to Brother is on shelves this month at all the best video stores.

“A captivating drama - Tremendously accomplished filmmaking”...The Associated Press
“A highly original and beautiful film”...eFilmCritic.com
“Breathtaking! A fascinating and absorbing tale”...The Hollywood Reporter

** see this month's Get Free for your chance to win a copy of Brother to Brother.

q: PROFILE

New men's grooming salon Mens Zone is such a fresh and unique idea, visitors to the store are raving about it.

Being open now for just under a month, Brisbane's Cleveland - based business Mens Zone has created quite a stir within the community for its fresh and much welcomed quality approach to men's grooming.

"A New Concept in Male Grooming"

Launched in August, Mens Zone provides a unique combination of a men's retail store with a grooming salon, offering everything from men's grooming products and fashion accessories to skin and body treatments.

Swimmers, cyclists and trainers are also singing the praises of the men's grooming salon,

saying that Mens Zone's dedication and focus to providing the best in men's grooming health and accessories is commendable.

Providing high quality skin and body services, such as massages, waxing, facial shaving and treatments with high quality men's accessories in a comfortable, stylish setting, Mens Zone has gained many loyal customers.

Recent customers to the store, John Sandler and Emmanuel Jacobsen of Brisbane, were thrilled to find a place where they could relax and revitalise within a male only setting.

"The shop front was fabulous, everything was really well presented and the service was first rate-I don't see why women are the only one's who can enjoy a salon experience!" Mr Sandler said. "We originally visited Mens Zone for our anniversary and spent the whole day there- it was simply fantastic, and very unique," he said.

Founder and Owner Donna Wilcox said she was catering to a niche in the market by setting up Mens Zone.



"The objective of setting up Mens Zone is to provide a range of personal skin treatments for males in a relaxed environment, coupled with a retail section that caters for men in terms of gift line ideas," said Ms Wilcox.

Donna said her mission is for all staff to conduct themselves in an exemplary manner whilst providing the highest quality skin care products and personal treatments suitable for males.

MensZone is located in the Stockland Harbourside Shopping Centre in Cleveland, Queensland. Ph: (07) 3821 7314 - call or pop in soon.

You can also visit Mens Zone on the web at www.menszone.com.au

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what's been on around town



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Lemons



Spin Cycle



Peel



Greyhound



Heaven's Door Opening



Spin Cycle



Q!Bar @ DIVA



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FlipIt @ Peel



Pink 2nd Birthday



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Carmela's Birthday



Spin Cycle



Q!Bar @ DIVA

out in: MELBOURNE

what's been on around town



Pink 2nd Birthday



Laird 25th Birthday



Rainbows Venue Worker of the Year??



Laird 25th Birthday



Laird 25th Birthday



Diva Bar



Laird 25th Birthday



Pink 2nd Birthday



Lemons



Laird 25th Birthday



Flight @ Peel



Greyhound



Spag 'n' Drag

Saturday Greyhound

8pm to 3am

2 Free POTS for 1st 80 Beer Drinkers before 9.30pm

\$5 Entry for 1st 80 Non Beer Drinkers

1 Brighton Road, St. Kilda
www.atthegreyhound.com.au

THROB FOR MEN
PRESENTS

Jungle balls

FRIDAY 4TH DECEMBER

DJ. CHIP

MIDNIGHT SHIFT ARQ

BIG QUEER NATION

SLEAZE INQUISITION

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Last month at GLOBE's Fruits Night I spoke with Damien; a fabulous photographer who I admire for his unashamed passion for the art. During our conversation I was surprised to hear Damien say that apart from submitting his photos to the organisation's newsletter and Q Magazine, he had not considered exhibiting them for others to enjoy. His art was private and he didn't feel the need to put it up for the appraisal of others.

q art: A RETROSPECTIVE

It's all about ME!

I was surprised because I see him as an artist whose view on the world is unique and quirky. But putting it out there as "art" somehow slots it into a new category.

As I listened I found myself empathising with him. I myself have painted many a picture and have taken many photos but have only shown these to five people at most.

For some reason, I am able to do everything else in front of everyone, however, when it comes to art or expression, I clam up.

Is it because all other skills we obtain are taught by others and assessed by defined tick lists that we get certificates for? Before we receive the certificate, we know we have passed, and if not, we know what rules to obey to get that pass. We can then go off and get a job with that certificate and define ourselves by it for the rest of our days.

Are we that shallow that we must only define ourselves by what someone pays us to be between 9 and 5? What about all the other hours of the day? I don't introduce myself as an Adoring Wife or a Kayaker. But that's my choice entirely. I'm sure if we chose to introduce ourselves by what we love doing most, our perception of ourselves and our enjoyment of the world would be a lot greater than it is now.

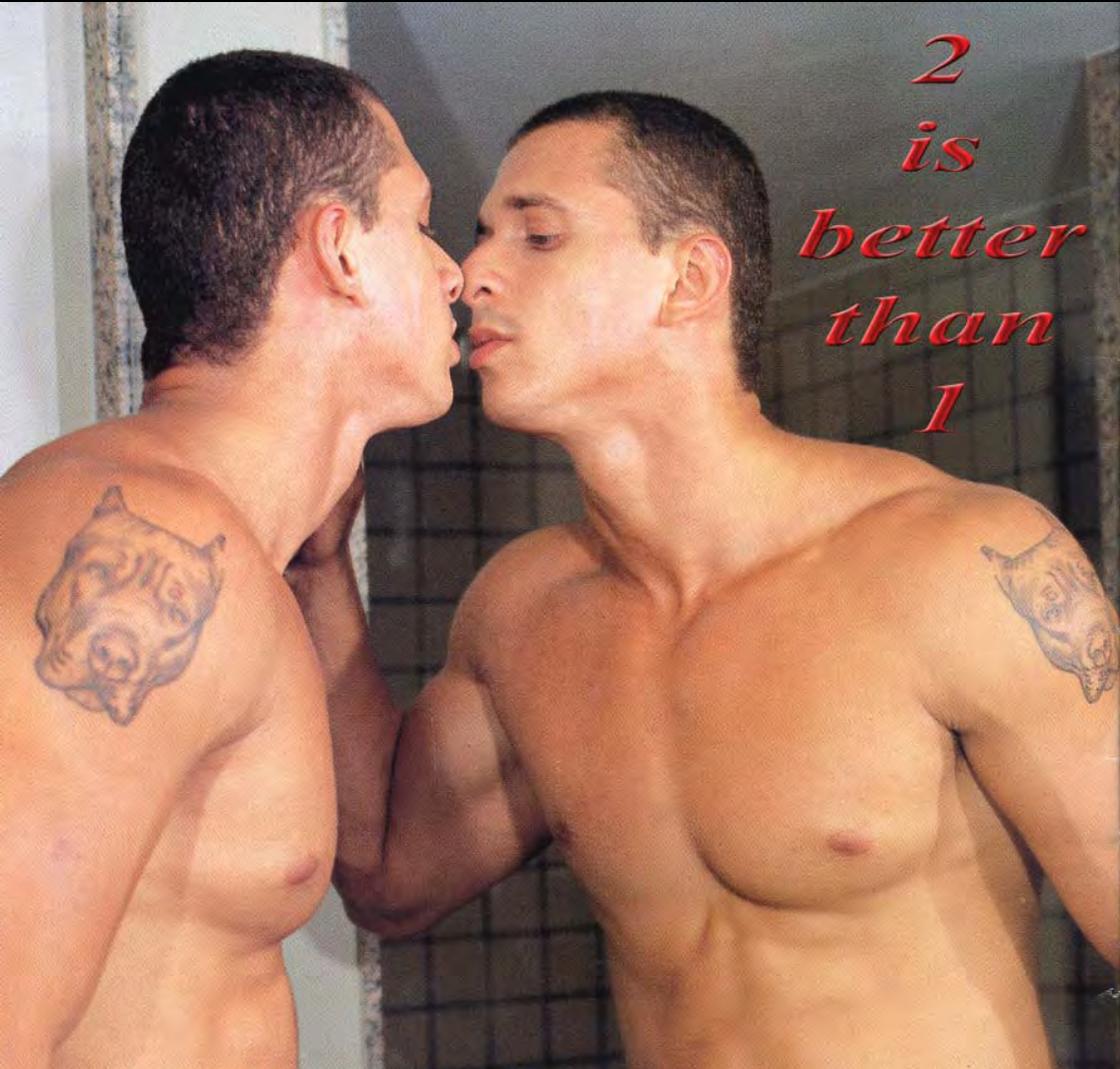
But still, when I say "I'm an Artist" I feel as if I'm being arrogant or overly confident. Is it because there are no boxes to tick and acquiring the title is a matter of self measure that we don't feel validated until we hear someone else say "this is what you are" and others know that no matter how little or much they know about art, that they can freely tear into others' art because it is all so subjective?

I hate hearing "...I could have painted that..." from gallery visitors. Yes, they could have painted "that", but they didn't think to paint it nor did they take the risk to share it with others. That's the difference. Not what is on the canvas, but the thought and spirit it took to get it on there.

I would think it's the courage it takes to choose something that I have created and put it out there for the world to see that would earn me the right to say "I'm an Artist - this is how I see the world and this is how I want to share it with you"

So instead of looking at everyone else expressing their soul, I'm doing a "stuff it, here's me" this month. Please find below a photo of a painting I took of my wife's breast. I love it. Think what you want. It's out there now... because outside of the hours I dedicate to earning a wage, I express myself through paint and that is what matters more to me, because "I'm an Artist".





*2
is
better
than
1*

**HAPPY BIRTHDAY TO US, HAPPY BIRTHDAY TO US!
IT'S OUR 2ND BIRTHDAY SALE, DOUBLE YOUR FUN!**

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TOUT GAI TOUS BIENVENUS อยุ่พดี๑๒๓๔/ KUMUSTA HO 唔使窩氣
ゲイだけじゃぶよろし. EXCLUSIVAMENTE GAY BIENVENUTI
SELAMAT DATANG GANZ HOMOSEXUELL ALLE WILLKOMMEN
HÀN HÒAN ĐÓN CHÀO QUI KHÁCH 不窩氣 TODO ALEGRE BIENVENIDOS



SHAFT

“ I wear my ribbon proudly and do not judge those who are infected. I want to send the message out that HIV really doesn't care who you are or who you love or how you live. AIDS does not discriminate. It infects and affects anyone and everyone equally.

“ HIV/AIDS
Let's talk
about it



THE VICTORIAN AIDS COUNCIL AND THE AIDS MEMORIAL CANDLELIGHT VIGIL AND QUILT PROJECT MELBOURNE PRESENT THE

CANDLELIGHT VIGIL AND QUILT DISPLAY AND WORLD AIDS DAY REMEMBRANCE CEREMONY

DECEMBER 1ST 2005 TIME FROM 6PM VENUE POSITIVE LIVING CENTRE 51 COMMERCIAL ROAD PRAHRAN
PRESENTED BY POSITIVE LIVING CENTRE/THE AIDS MEMORIAL CANDLELIGHT VIGIL AND QUILT PROJECT MELBOURNE
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**People
Living
HIV/AIDS**



 **MERCK SHARP & DOHME**

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“ I will be wearing the ribbon in memory of my parents who both past away from aids, and to show people that its nothing to be ashamed or embarrassed about. To teach those who are blind, that AIDS is real...Be Safe.”

“ I will celebrate my second year of being HIV positive and looking to the future for a cure. I will wear my ribbon in memory of all those who have gone before me and with hope a cure will be found before I join them.